

新高一英语-语法词汇班

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刷题班

She looks like any other schoolgirl, fresh-faced and full of life. Sarah Thomas is looking forward to the challenge of her new A-level course. But unlike school friends, 16-year-old Sarah is not spending half-term 1- _____ (rest). Instead, she is earning £6,500 a day as 2- _____ a _____ model in New York.

Straight-A=top student

like n./v. 喜欢

like prep. 像

unlike 不像 prep.

dislike v. 不喜欢

term =semester 学期

spend time doing sth

Sarah 3- _____ was told 时态, 语态, 单复数 _____ (tell) that she could be Britain's new supermodel, earning a million dollars in the next year. Her father Peter, 44 wants her to give up school to model full-time. But Sarah, 4- _____ 连词 who _____ has taken part in shows along with top models, wants 5- _____ to prove _____ (prove) that she has brains as well as beauty. She is determined to carry on with her 6- _____ education _____ (educate).

be determined to do 下定决心做某事

carry on 继续进行

carry out 实施

turn down=refuse=reject=decline 拒绝

in order to do 为了...

concentrate on=focus on 集中注意力

She has turned down several 7- _____ invitations _____ (invitation) to star at shows in order to concentrate on her studies. After school she plans to take a year off to model full-time before going to university to get a degree 学位8- _____ in _____ engineering 工程设计 or architecture 建筑.

offer 录取通知书; 面试邀请

Sarah says, "My dad thinks I should take the offer now. But at the moment, school 9- _____ 谓
语动词 comes _____ (come) first. I don't want to get too absorbed in modeling. It is 10- _____ certainly
_____ (certain) fun but the lifestyle is a little unreal. I don't want to have nothing else to fall back on
when I can't model my more. "

If you feel stressed by responsibilities at work, you should take a step back and identify (识别) those of 1 greater (great) and less importance. Then, handle the most important tasks first so

you' ll feel a real sense of 2 achievement=accomplishment 成就 _____ (achieve). Leaving the less important things until tomorrow 3 is (be) often acceptable. 可接受的

handle=solve=deal with 解决

achieve =accomplish 完成, 实现

doing 动名词作主语

focus on/be focused on

Most of us are more focused 4 on _____ our tasks in the morning than we are later in the day. So, get an early start and try to be as productive=effective 有效率的 5 as _____ possible before lunch. This will give you the confidence you need to get you through the afternoon and go home feeling accomplished.

recently adv.

recent adj. 最近的

study v./n

change v./n. 改变

Recent 6 studies (study) show that we are far more productive at work if we take short breaks 7 regularly _____ (regular). Give your body and brain a rest by stepping outside for 8 a _____ while, exercising, or doing something you enjoy.

for a while 一段

If you find something you love doing outside of the office, you' ll be less likely 9 to bring _____ (bring) your work home. It could be anything—gardening, cooking, music, sports—but whatever it is, 10 make _____ (make) sure (that) it' s a relief(缓解) from daily stress rather than another thing to worry about.

阳朔

Yangshuo, China

It was raining lightly when I ___ I arrived ___ (arrive) in Yangshuo just before dawn 黎明. But I didn' t care. A few hours ___ 2_/ago 现在时间点/before 从过去的时间点推算 __, I' d been at home in

Hong Kong, with ___3 its ___ (it) **choking** 窒息的 **smog** 雾霾. Here, the air was clean and fresh, even with the rain.

skip 跳过, 略过

skip school 逃学, 逃课

I'd skipped nearby Guilin, a dream place for tourists seeking the limestone mountain tops and dark waters of the Li River ___4 连词 that/which ___ are pictured by artists in so many Chinese ___5 paintings ___ (painting) . Instead, I 'd headed straight for Yangshuo. For those who fly to Guilin, it's only an hour away ___6 by___ car and offers all the scenery 景色 of the better-known city.

Yangshuo ___7 is___ (be) really beautiful. A study ___8 conducted___ (conduct-do) by the website TripAdvisor names v. Yangshuo as one of the top 10 destination(目的地) in the world. And the town is fast becoming a popular weekend destination for people in Asia. Abercrombie & Kent, a travel company in Hong Kong, says it ___9 regularly___ (regular) arranges (安排) quick getaways here for people ___10 living ___ (live) in Shanghai and Hong Kong.

拔苗助长

Chinese proverbs 谚语/old saying are rich and they are still widely used in Chinese people's daily life. ___1 Behind/In 介词___ these proverbs there are often interesting stories. For example, the proverb, "plucking up a crop ___2 to help ___ (help) it grow" , is based on the following story.

be based on 基于

base n. 基础

basement 地下室

temper 脾气

temperature 温度

急脾气

rice 水稻

crop 农作物

corn 玉米

wheat 小麦

It is said that a short-tempered man in the Song Dynasty (960-1279) was very anxious to help ___3 his___ rice crop grow up quickly. He was thinking about ___4 it___ day and night. But the crop was growing much slower than he expected.

day and night 日日夜夜

One day, he came up with an idea ___5 连词-同位语从句that ___ he would pluck up all of his crop a few inches. He did so the next day.

He was very tired ___6 from/after 介词___ doing this for a whole day, ___7 but ___ he felt very happy since the crop did "grow" ___8 higher ___ (high) .

His son heard about this and went to see the crop. Unfortunately the leaves of the crop began to wither. 枯萎

let it go 随它吧

This proverb is saying we have to let things go in their ___9_ natural __ (nature) course (过程). Being too anxious to help an event develop often ___10 results ___ (result) in the contrary 相反的 to our intention 意图.

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Parents are busy people. If they are working, they are usually not at home ___1 when ___ their children return from school. Sometimes it is necessary for a parent to write ___2 an ___ after-school note for their children. They sometimes put the note on the kitchen table, the refrigerator, ___3 or ___ another place where their children are sure to find it.

for one thing 一方面, for another things 另一方面

A note is often a ___4_ better __ way to "talk" with a child than using the telephone. For one thing, parents have time to think about ___5 what ___ they want to say before they write. ___6 For ___ another, the note lists all the information in one place. It is easy to read again and again. People often forget all the details that ___7 代词 they ___ hear in a telephone call. Finally, cell phones can be turned ___8 off 关机__ or telephone calls not answered. For these reasons, after-school notes are very popular with parents.