

新高一英语-语法词汇班

2021年7月14日(周三)

刷题班

F1405

Jonny: Hey! I'm just practicing Tai Chi (太极). Would you like to join me?

Peter: I know nothing about it. Is it difficult?

Jonny: It seems easy, but you need a lot of practice. You just follow me like this.

Peter: OK. Don't laugh ___1 at ___ me. I may look funny.

Jonny: Bend (弯, 弯腰) your knees slightly (稍微) and reach out your arms like tree branches, naturally and ___2 softly ___ (soft). Try to keep your body straight. Move slowly, then be sure to keep your balance and don't let your body shake.

Peter: I cannot control my body well. My legs become ___3 adj. painful ___ (pain).

Jonny: Keep ___4 holding ___ (hold) your position for a while. It helps develop your strength 力量 and flexibility 灵活. Raise your leg and let ___5 it ___ stay in the air for seconds.

Peter: I feel my legs shaking. I cannot do this any longer.

Jonny: Be patient! Tai Chi ___6 谓语动词: 时态现在, 语态被动, 单复数 单数 is called ___ (call) "shadow boxing" in English. It asks you to act like water: to be flexible as well ___7 as ___ strong. In real competition-比赛, 竞争, a Tai Chi master大师 borrows the strength of the competitor 竞争者-opponent 对手 and uses this energy to fight back. The ___8 harder ___ (hard) you try to beat him, the more likely you will get hit. He controls you!

Peter: Unbelievable! Oh..., ___9 If ___ you don't mind, I'll stop and take a deep ___10 breath ___.

(A) My stay in New York

After graduation from university, I had been unable to secure a permanent job in my small town. So I decided to leave home for New York, ___1 连词-指代-where ___ I might have a better chance to find a good job. ___2 非谓语动词: 主动, 之后 To earn ___ (earn) some money to pay the daily expenses, I started work in a local café as a waiter. I believed that ___3 as long as/as soon as ___ I was offered a good position 职位=job, I would resign at once.

secure 确保, 保证

security 保安, 安保

permanent 永久的

temporary 暂时的, 短暂的

daily expense 日常的开销, 花销

expense 花费

retire 退休

resign 辞职=quit one' s job

lose one' s job 失业

Over time, the high cost 成本of living became a little burden 负担 on my already ___ 4 exhausted __ (exhaust) shoulders. On the other hand, my search for a respectable(体面的) job had not met with much success. As =Because =Since 因为I had studied literature 文学 at university,I found it quite difficult to secure a suitable job in big companies. Mother had said that ___ 5 if ___ I wanted to have a better career 事业 advancement/advance 提前; advanced 先进的, 提前的, I had to find work in the city. Perhaps, ___ 6 连词 主语从句 what ___ my mother had told me was deeply rooted in my mind. I just did as she had expected.

Soon I had lived in the city for over six months but I still did not like it. Apparently-obviously 明显地, 显然地, I had difficulty ___ 7 adapting __ (adapt) myself to life in the city, let alone finding a job to my delight. After nine months of frustration, I eventually decided to go back to my small town. Not until I returned ___ 8 did ___ I realise that a quiet town life was the best for me.

adapt...to 适应

frustrate 沮丧

frustrated 沮丧的

否定词/有否定意味的词, 位于句首需要半倒装(部分倒装)

只需要把助动词或be动词提到主语前面即可,

而时态由助动词或be动词承担

intend to do 打算做某事

intention 目的, 意图

intended 打算好的

unintended 没有预料到的=unexpected

There has been a recent trend 走向, 趋势 in the food service industry toward lower fat content and less salt. This trend, which was started by the medical community (医学界) | 介词 as 作为——a method of fighting heart disease, has had some unintended side 2 —— (effect) such as overweight 超重的 and heart disease—the very thing the medical community was trying to fight.

anti-depressant 抗抑郁剂

Fat and salt are very important parts of a diet. They are required 3 to process —— (process 加工, 生产) the food that we eat, to recover from injury and for several other bodily functions 功能. When fat and salt 4 (remove) —are removed ___ from food, the food tastes as if it is missing something. As 5 a —— result, people will eat more food to try to make up for that something missing. Even 6 worse —— (bad), the amount of fast food that people eat goes up.

Fast food 7 is _____ (be) full of fat and salt; by 8 eating _____ (eat) more fast food people will get more salt and fat than they need in their diet.

Having enough fat and salt in your meals will reduce the urge to snack (吃点心) between meals and will improve the taste of your food. However, be 9 careful _____ (care) not to go to extremes 极端. Like anything, it is possible to have too much of both, 10 which _____ is not good for the health.

连词, 介词, 代词, 冠词, 情态动词

In 1863 the first underground passenger railway in the world opened in London. It ran for just under seven kilometers and allowed people to avoid terrible 1- crowds _____ (crowd) on the roads above as they travelled to and 2-from 上下班 _____ work. It took three years to complete and was built using an interesting method. This included digging up the road, 3-laying (lay) the track 轨道, 轨迹 and then building a strong roof over 4-the _____ top. When all those had been done, the road surface was replaced.

Steam engines 蒸汽机 5-were used _____ (use) to pull the carriages 马车 (车厢) and it must have been 6-fairly-very _____ (fair) unpleasant for the passengers, with all the smoke and noise. However, the railway quickly proved to be a great success and within six months, more than 25,000 people were using 7-it _____ every day.

Later, engineers 8- managed _____ (manage) to construct-build-set up railways in a system of deep tunnels (隧道), which became known as the Tube. This development was only possible with the 9- introduction _____ (introduce) of electric-powered engines and lifts. The Central London Railway was one of the most 10-successful _____ (success) of these new lines, and was opened in 1900. It had white-painted tunnels and bright red carriages, and proved extremely popular with the public.

tend 照顾

Last October, while tending her garden in Mora, Sweden, Lena Pahlsson pulled out a handful of small 1- _carrots_____ (carrot) and was about to throw them away. But something made her look closer, and she noticed a 2-____ shiny/shinning _____ (shine) object. Yes, there beneath the leafy top of one tiny carrot was her long-lost wedding ring.

Pahlsson screamed 3-____ so _____ loudly that her daughter came running from the house. "She thought I had hurt 4-____ myself _____ (I)," says Pahlsson.

Sixteen years 5-____ earlier _____ (early), Pahlsson had removed the diamond ring 6-____ to cook _____ (cook) a meal. When she wanted to put the ring back on later, it was gone. She suspected 怀疑 that one of her three daughters—then ten, eight, and six—had picked it up, but the girls said they hadn't. Pahlsson and her husband 7-____ searched _____ (search) the kitchen, checking every corner, but turned up nothing. "I gave up hope of finding my ring again," she says. She never replaced it.

Pahlsson and her husband now think the ring probably got 8-____ swept _____ (sweep) into a pile of kitchen rubbish and was spread over the garden, 9-____ 主语, 宾语, 状语 where _____ it remained For Pahlsson, its return was 10-____ a _____ wonder.

wonder n. 奇迹

no wonder 难怪

One Sunday morning in August I went to a local music festival. I left it early because I had an appointment 预约 ___1 later ___ (late) that day. My friends walked me to the bus stop and waited with me ___2 until 连词/til 介词 ___ the bus arrived. I got on the bus and found a seat near the back, and then I noticed a man ___3 sitting ___ (sit) at the front. He ___4 was pretending ___ (pretend 假装) that a tiger toy was real and giving it a voice. He must be ___5 mentally ___ (mental) disabled.

disabled 坏了的-人-残疾的; 车

Behind him were other people to ___6 whom ___ he was trying to talk.

There are five apples on tree.

Five apples are there on the tree.

表示时间, 方位的副词/词组位于句首, 需要 主谓倒装

Other people to(___6/whom ___ he was trying to talk) were behind him.

She is the girl for ___whom ___ I am looking.

behind him were other people to(___6/whom ___ he was trying to talk).

Behind him were other people to ___6 whom ___ he was trying to talk, but after some minutes ___7 they-other people ___ walked away and sat near me, looking annoyed.

I didn' t want to be laughed at for talking to him but I didn' t like leaving him ___8 on ___ his own either.

After a while I rose from my seat and walked to the front of the bus. I sat next to the man and introduced myself.

We had ___9 an ___ amazing conversation. He got off the bus before me and I felt very happy the rest of the way home.

I' m glad I made a choice. It made ___10 both ___ of us feel good.

17号10: 00-11: 30

李老师 六选三

with