

精英7班（阅读综合）笔记

2020年11月21日（周六）

精讲笔记

假定你是高中生李华，你的英语成绩在学校一直名列前茅，近期你们班将举办英语学习经验交流会，请你结合实际谈一谈学习英语的心路历程。

学生原文：

It' s really an honor for me to be invited to the English experience exchanging meeting sharing my long journey in English learning.

Just like most of people, at the first time my eyes are always fixed on the differences between English and Chinese without noticing their similarities, which made me exhausted in getting rid of the confusion of the grammars and structures.

However, I saw a glimmer of hope after attending Teacher Li' s class. He helped me conquer the hardship by making me realize the similarities in this two languages. Something slowly began to dawn on me — my English mark has been improved remarkably and now, nearly reaches 140.

Teacher Li is like a lighthouse, always guiding me to get through the dark and leading me to a promising future. "Miracle is another name of diligence" that is what he always says to me. I firmly believe that we can all have a remotion on English learning!

评分：11-15分（12/13-》14/15）

I-It' s really an honor for me to be invited to the English experience exchanging meeting, sharing my long journey in English learning.

to be invited 主动语态

被动语态：特别强调逻辑主语的

英文的写作思维：if you are the one / staff only

I-exchanging + meeting ->seminar 交流会、研讨会

internship 实习

2.1-I am very honorable to stand here, sharing my experience with you guys.

2.2-It' s really an honor for me to be invited to the seminar to share my long journey in English learning.

补语+补充说明的对象(主, 宾)

make her cry (to do省略to补充说明her的补语, 宾补)

she is made to cry (to cry补充说明she, 主补)

补充说明一句话的, 状语

修改后：

I-It' s really an honor for me to be invited to the seminar, a good opportunity to share my journey in English learning.

排比, 比喻, to do作后置定语, seminar的高级词汇

2-Just like most of people, at the first time my eyes are always fixed on the differences between English and Chinese, without noticing their similarities, which made me exhausted in getting rid of the confusion/puzzle of the grammars and structures.

可以改为:

most of the people (who ...) / are choosing ...

at first = adv. 最初/ the first time = conj.

I fell in love with her the first time I met her.

I fell in love with her immediately-as soon as I met her.

be fixed<adj.> on 盯着...

修改为:

Like the same barriers most students may meet, numerous grammar rules and complicated structures are what we have to conquer at first. However, more attention being paid on the differences between English and Chinese, without noticing their similarities, adds its difficulty in learning English.

复习: attribute to 归因于

which attributes to<prep.> + my more attention paid to the differences between English and Chinese.

3-However, I saw a glimmer of hope after attending Teacher Li' s class. He helped me conquer the hardship by making me realize the similarities in this two languages. Something slowly began to dawn on me - my English mark has been improved remarkably and now, nearly reaches 140.

修改为:

Fortunately,

I didn' t see a glimmer of hope until I signed up Teacher Li' s courses.

->Not until I signed up Teacher Li' s courses did I see a glimmer of hope.

->Not until I signed up Teacher Li' s courses did a light of hope shined/shot in my life/took me over.

修改后:

3-Not until I signed up Teacher Li' s courses did a light of hope shot in my life. It was his courses that inspire me to seek the access to English learning — taking advantage of the similarities between the two languages. Consequently, my English score has been improving gradually and steadily, reaching 140 finally.

not only ... but also... = and

not until ...

access to sth. 进入...

way to sth.

seek / find / look for /

4-Teacher Li is like a lighthouse, always guiding me to get through the dark and leading me to a promising future. "Miracle is another name of diligence" that is what he always says to me. I firmly believe that we can all have a remotion on English learning!

修改为:

1-Teacher Li is like a lighthouse, (which is) always guiding me to get through the dark and leading me to a promising future.

2-Teacher Li is like a lighthouse (guiding me to get through the dark and leading me to a promising future).

3-Teacher Li is like a lighthouse, one (which is) always guiding me to get through the dark, one leading me to a promising future.

4-Teacher Li is like a reliable counsellor, a good learning partner/(which is) always guiding me to get through the darkness, a lighthouse leading me to a promising future.

1-Dong is girl, one (...), one (...).

2-Learning English with LXP is ... experience, one (...), a journey (...).

3-Learning English with LXP is ... experience, a journey (...), an adventure (...).

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精练笔记

Can you resist cream cakes?

resistance 抵抗

resistant : water resistant 防水的= water proof

temptation 诱惑

I miss my sugar! I've decided to lose weight and I had to give up cakes. It's difficult because I have a sweet tooth: 喜爱甜食 and I love cream cakes.

Not having treats can be good for your health. I've heard that the Burts, a family of five in South East England, lived sugar free for a whole year after they found out their daughter had diabetes (糖尿病). It wasn't easy. To avoid temptation, I don't go to any bakeries, but this family actually owns **one**, which makes up to 3,000 cakes a week.

make up for 弥补

They were in shock when the doctor said that their 16-year-old Lucy had to check her blood sugar levels regularly and take insulin (胰岛素). He advised her to eat a normal, balanced diet, but the Burts went further and got rid of sugar altogether.

And how does it feel to live without sugar for a while? Jason Burt said that for a month they felt weak. But later on it all changed. He says he feels "more awake" and full of energy.

And what about the Burt family business? It had to keep using half a ton of sugar a week and any cook worth his salt knows that you have to taste a recipe to know if it's right.

recipe 食谱, 菜单

receipt 收据; 发票

No problem there, says Jason Burt's wife, Clare. She points out that she's got lots of people offering to taste the cakes for them. The family is also thinking about selling more delicious products.

I wonder what makes us have a strong desire for sweet food. Anyway, I've decided to forget about the sweet taste of sugar for a while. As British model Kate Moss says: "Nothing tastes as good as skinny feels."

1-From the passage, what do we know about the author?

- A. The author runs a bakery.
- B. The author hates sweet taste.
- C. The author is on a diet.**
- D. The author's daughter had diabetes.

2-What did the Burts do **after hearing** the doctor's advice?

- A. They were shocked.
- B. They went too far about it.
- C. They used half a ton of sugar a week.
- D. They avoided sugar completely.**

3-From the passage we can learn it is necessary for a cook

- A. to make up to 3,000 cakes a week
- B. to taste a recipe to know if it's right**
- C. to get lots of people offering to taste the cakes
- D. to sell more delicious products

4-What does the sentence by Kate Moss mean?

- A. It is worthwhile to resist food to look skinny.
- B. There is nothing tasting as good as sweets.
- C. Nothing tastes good when the skin feels terrible.
- D. Nobody can resist the desire for sweets.

MR001-B:

Parents will do anything for their children. Whether it would be the food, clothes, or the place they live, parents will always make sure their children have the best of everything. One of the biggest concerns that parents currently have is educating their children. They are faced with lots of difficulties **when it comes to** education for their young ones. Choices include private school, charter school, public school or homeschooling.

Fortunately for parents, there are a variety of different strategies-策略 that a parent can take in order to increase their child's skills and overall intelligence. According to Ross A. Thompson, PhD, professor of psychology at the University of California at Davis, a child's brain will actually reach 90% of its full size by the time they start kindergarten.

Researchers at Northwestern University in Chicago concluded that playing a musical instrument **directly** affected the brain stem 脑干, the lower section of the brain.

Moreover, children that learn an instrument at an early age tend to continue it when they are older. And numerous studies show that a well balanced meal is essential for a child's mental and physical health.

It is recommended that parents teach their children two languages at once.

Research suggests that a second language should be taught when children are in preschool.

Other studies state that three to four years of age is the perfect time. Clearly, any age under four would work perfectly fine for a child.

The average child will learn how to read between kindergarten and second grade.

Many parents can give their children a jump start by teaching them to read before they start school.

abundant= massive=ample=adequate=sufficient 充足的

Children could have an adequate background of the alphabet and sounds of words before attending school. This can be done by simply reading to them whenever you want. The more comfortable they get, the easier the process will be.

1-From the first paragraph, we can infer that .

- A. parents find it hard to satisfy their kids' various demands
- B. parents meet a new challenge when raising their kids
- C. parents have more choices in offering education to their kids
- D. parents get actively involved in the process of their kids' growth

2-What suggestion may the researchers in the passage make?

- A. To train kids as early as possible.
- B. To try as many means as possible.
- C. To help kids develop as fully as possible.
- D. To use as many available resources as possible.

3-We can replace the words “jump start” in the last paragraph with

- A. inspiration
- B. introduction
- C. suggestion
- D. promotion

MR001-D

Two of the saddest words in the English language are “if only” . I live my life with the goal of never having to say those words, because they **convey=express=deliver** regret, lost opportunities, mistakes, and disappointment.

My father is famous in our family for saying, “Take the extra minute to do it right.” I always try to live by the “extra minute” rule. When my children were young and likely to cause accidents, I always thought about what I could do to avoid an “if only” moment, whether it was something minor like moving a cup full of hot coffee away from the edge of a counter, or something that required a little more work such as taping padding (衬垫) onto the sharp corners of a glass coffee table.

minority 少数

tape - 》 胶带

I don’ t **only** avoid those “if only” moments when it comes to safety. It’ s equally important to avoid “if only” in our personal relationships.

We all know people who lost a loved one and regretted that they had foregone an opportunity to say “I love you” or “I forgive you.”

abandon =desert v.

forgo = abandon - 》 forwent- 》 forgone

When my father announced he was going to the eye doctor across from my office on Good Friday, I told him that it was a holiday for my company and I wouldn’ t be here.

But then I thought about the fact that he’ s 84 years old and I realized that I shouldn’ t give up an opportunity to see him. I called him and told him I had decided to go to work on my day off after all.

I know there will still be occasions when I have to say “if only” about something, but my life is definitely better because of my policy of doing everything possible to avoid that eventuality.

And even though it takes an extra minute to do something right, or it occasionally takes an hour or two in my busy schedule to make a personal connection, I know that I’ m doing the right thing. I’ m buying myself peace of mind and that’ s the best kind of insurance for my emotional well-being.

I-Which of the following is an example of the “extra minute” rule?

A. Start the car the moment everyone is seated.

D. Move an object out of the way before it trips someone.

2-The author decided to go to her office on Good Friday to

A. keep her appointment with the eye doctor

B. meet her father who was already an old man

C. join in the holiday celebration of the company

D. finish her work before the deadline approached

3-The underlined word “foregone” in Paragraph 3 is closest in meaning to

A. abandoned

B. lacked

C. avoided

D. wasted

4-What is the best title for the passage?

A. The Emotional Well-being

B. The Two Saddest Words

C. The Most Useful Rule

D. The Peace of Mind

No one loves me more than my parents, especially my father. My father is stout and strong, with I-
a _____ severe look on his face and keen: 敏锐的 expressive eyes.

severely 严重的

severe 严厉的

be keen on 喜爱

At first sight you may feel him hard 2 to approach _____ (approach).

In fact he is very kind and considerate. I believe my father is a 3 talented= gifted _____ (talent)
man.

He is decisive-果断的 and efficient in doing things.

By his own talents and efforts, he has secured for his family a good social position and a
4 relatively _____ (relative) rich life.

Besides, he lives in harmony-» harmonious 5 with _____ others and never quarrels with anyone,
so people from all walks of life come to my house, from 6 _____ conj.-whom _____ I’ ve gained lots of
social experiences.

every aspect/respect of life 生活的方方面面

But at home he is a **harsh=strict** parent who is hard on me 7 **and** has high expectations of me.

When I' m idling away my time, I can see that it 8 hurts (hurt) him deeply.

9- When/If/As I am doing something great and meaningful, such as writing a book, he will be more excited than me. I always remind I 0 myself that I must go on and on, and never shall I give up halfway.